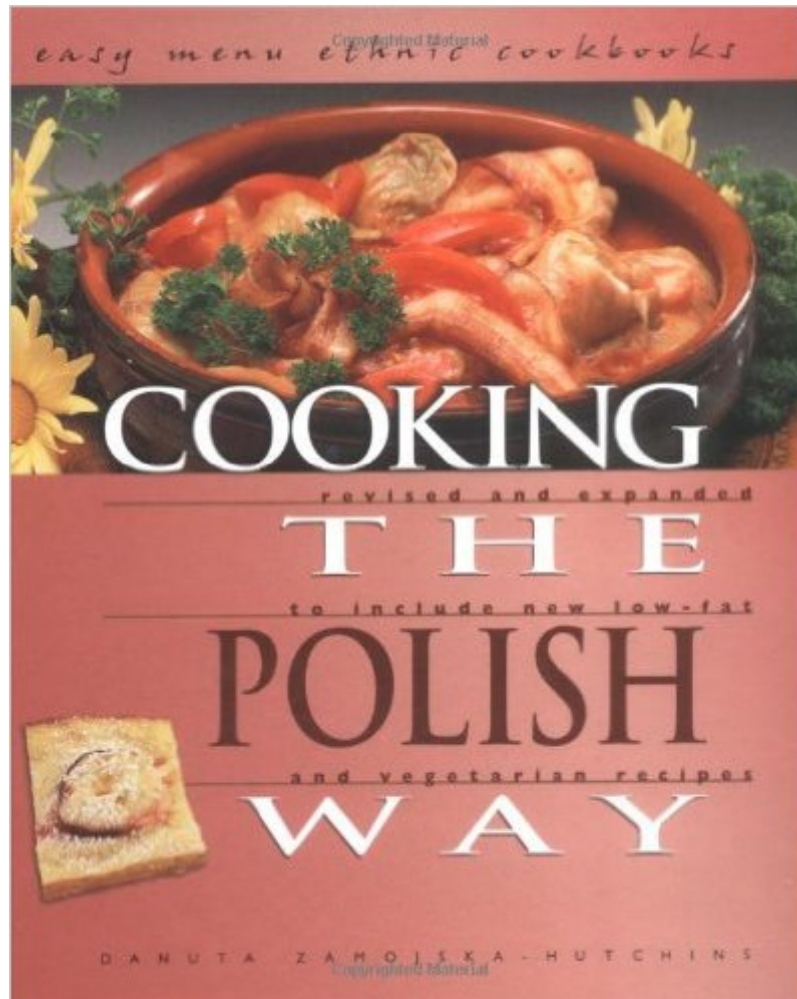


The book was found

Cooking The Polish Way (Easy Menu Ethnic Cookbooks)



Synopsis

Introduces the land, culture, and cuisine of Poland and includes recipes for soups, salads, main dishes, and side dishes. Includes material on healthy, low-fat, vegetarian cooking, and holidays and festivals.

Book Information

Series: Easy Menu Ethnic Cookbooks

Hardcover: 72 pages

Publisher: Lerner Publications; 2 Rev Exp edition (April 1, 2002)

Language: English

ISBN-10: 082254119X

ISBN-13: 978-0822541196

Product Dimensions: 8.8 x 7.6 x 0.4 inches

Shipping Weight: 11.8 ounces

Average Customer Review: 3.0 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #1,870,599 in Books (See Top 100 in Books) #80 in [Books > Cookbooks, Food & Wine > Regional & International > European > Polish](#) #1110 in [Books > Children's Books > Children's Cookbooks](#)

Age Range: 10 and up

Grade Level: 5 and up

Customer Reviews

This book is very small, and only contains 18 recipes. There are 72 pages, and half of them are about Poland, and it's culture. If you are looking for a book with a variety of polish recipes, to have a wonderful collection to choose from, this is not the book. There is 1 recipe per page, and some of the recipes are very basic, such as steamed vegetable with sauce, and noodles with poppyseeds on top. It is not worth what I paid.

This cookbook is mainly for young people or beginner cooks, to try the basic recipes and learn a little about the culture and customs of Poland. The recipes are varied enough and I think it's worth a look!

Great little book with some very nice nostalgic traditional Polish dishes.

Was very dissatisfied ... there were hardly any recipes in the book which is what I was looking for and wanted one for a gift and feel it is now a "throw away"! I did get excellent shipping service but that is the only good thing about this purchase.

I like the history part of this book best!

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